## Michael Losier's Tools & Processes for Applying Law of Attraction in 2024. www.MichaelLosier.com

Law of Attraction Matches Vibrations + or -	Tool #1	Don't Not No	Tool #4
SUBMIT ORDER	Tool #2	So, What do I Want?	Tool #5
Observe Negativity BRIEFLY	Tool #3	I mind my OWN Vibration	Tool #6



## Releasing Negative Emotions Causing Procrastination

## **Steps to Release Procrastination:**

- 1. Identify what you are procrastinating on, avoiding, putting off, not starting, or finishing.
- 2. Using any magnet, swipe up and down 10 times near forehead
- 3. Say this EXACT script while swiping:

Releasing this that is causing me to procrastinate, and stopping me from creating, developing, and moving forward with my projects and plans.



